



BOYS & GIRLS CLUBS
OF NASSAU COUNTY

TEEN ACTIVITY

Motivational Quote: "A negative mind will never give you a positive life"

Activity: What Makes a Good Friend?

Watch this video - <https://www.youtube.com/watch?v=FlziQYvyxtQ>

Answer the questions below:

1. Brainstorm ways to be a good friend.
2. How would you handle some sticky situations that can happen in friendships?
 - How would this make you feel?
 - What is a positive way to deal with it?
 - What is a harmful way to deal with it?
- a. Your friend starts acting in ways that you think are wrong (drugs, stealing, being rude, etc.).
- b. You find out your friend has been telling stories about you that aren't true.
- c. Your friend keeps saying or doing something that hurts your feelings.
- d. Your friend invites you to go swimming, but calls back an hour later to cancel. You find out your friend went swimming with someone else.
- e. You and your friend both want to run for the same class office.
- F. You and your best friend have romantic feelings toward the same person.
- g. Two friends of yours are at odds with each other. They demand that you choose between them. You don't want to lose either of them.
- h. Your friend wants to spend more time with you than you want to spend with him or her. You like this person very much, but you want more freedom to see other people, too.
- i. Your friend is on the brink of failing a class and begs you to help him/her cheat.